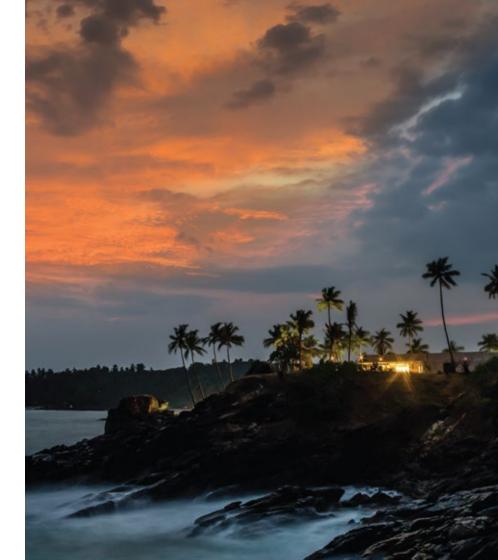


EXCURSIONS AT A GLANCE

Anantara Peace Haven Tangalle Resort offers an excellent base to explore Sri Lanka's breath-taking natural scenery and wildlife, both out in the ocean and on land. While for culture and history buffs, fascinating hallmarks of the island's colonial heritage and ancient sites are within easy reach.



SPICE SPOONS

Enjoy a richly interactive experience that immerses you in Sri Lanka's unique culinary culture. Begin with a guided tour of a fruit and vegetable market and a fishing port for an authentic taste of local life. Choose from a menu of traditional island recipes and learn to create your favourites in a step-by-step cooking class in the luxurious surrounds of our resort. Leave with new skills to entertain family and friends back home, as well as a Spice Spoons shopping bag containing a certificate, apron, chopping board and box of recipe cards.

Price — starting from USD 95



SURFING

The Indian Ocean waves surrounding Sri Lanka are a true surfer's paradise. Whether you're new to the scene or a pro seeking the biggest swells, The Anantara Surf Centre by Tropicsurf offers lessons and experiences in surfing and stand-up paddleboarding for all levels. Beginners learn the basics in a nearby lagoon and can even take a road trip to nearby surf beaches. Experienced surfers can enjoy escorted sessions with our expert Tropicsurf coaches and guides.

Price — starting from USD 75



WEWURUKANNALA BUDDHA STATUE

The Wewurukannala Vihara is dominated by a seated Buddha statue. It is 160 feet high, the largest statue in all of Sri Lanka, and dates back to the time of King Rajadhi (1782 – 1798). The temple comprises three parts, the oldest being about 250 years old.

Price — USD 65 for 2 guests
Distance from resort — 25 mins (15 km)



UDAWALAWE NATIONAL PARK

Visit the Udawalawe elephant sanctuary for encounters with Sri Lanka's gentle giants, as well as a host of other wild animals and exotic birds.

Price — USD 350 for 2 guests
Distance from resort — 110 mins (70 km)



DONDRA

Dondra, or Devundara (City of Gods), is an ancient temple port town on the southernmost tip of the island, believed to be the abode of the Lord Vishnu. At its prime it was one of the most celebrated religious sites of the island, containing a thousand statues of the various sects of Hinduism and Buddhism.

Price — USD 75 for 2 guests
Distance from resort — 50 mins (30 km)



MULKIRIGALA

This famous ancient monastery, which still functions to this day, is situated on a 210-metre high rocky hillock a few minutes inland of Tangalle. A historian's treasure trove, this tour includes ancient caves with painted murals and statues, all with a story to tell.

Price — USD 95 for 2 guests
Distance from resort — 25 mins (18 km)



KALAMETIYA BIRD SANCTUARY

Twenty kilometers beyond Tangalle, the little visited Kalametiya Bird Sanctuary comprises an area of coastal lagoons and mangroves rich in marine and other birdlife, similar to that found in Bundala, and best seen from November to March.

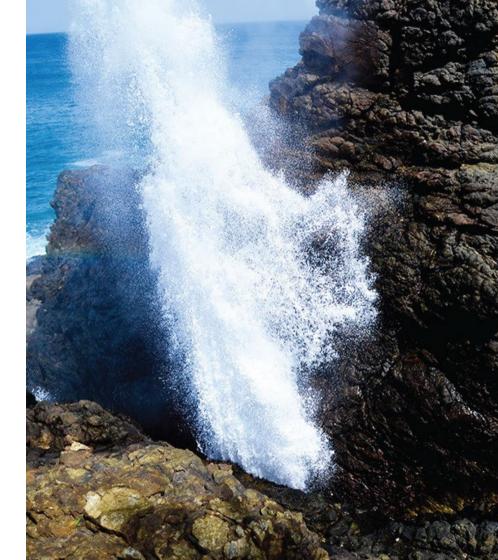
Price — USD 100 for 2 guests
Distance from resort — 40 mins (25 km)



HUMMANAYA BLOWHOLE

The Hummanaya blowhole is the only known blowhole in Sri Lanka and it is considered to be the second largest blowhole in the world. The water fountain created by the geological feature shoots up every couple of minutes, depending on the nature of the sea, with the spray often reaching as high as 25-30 metres.

Price — USD 65 for 2 guests Distance from resort — 20 mins (11 km)



REKAWA

Rekawa is a small village on the south coast of Sri Lanka, a seaside rural community engaged in fisheries and agriculture. Its long sandy beach and mangrove-skirted lagoon gives it a rustic beauty. The local vegetation consists of scrub jungle, medicinal plants and fruit trees.

Price — USD 100 for 2 guests
Distance from resort — 15 mins (8 km)



TURTLE WATCH REKAWA

From April to September, green, hawksbill and occasionally even leatherback turtles struggle ashore to lay their eggs on Rekawa Beach. Join the turtle watching volunteers to patrol the beach at night to protect the mother turtles whilst they lay eggs. Help to collect the eggs which are then cared for at the project's hatcheries until the baby turtles are born and released back into the ocean.

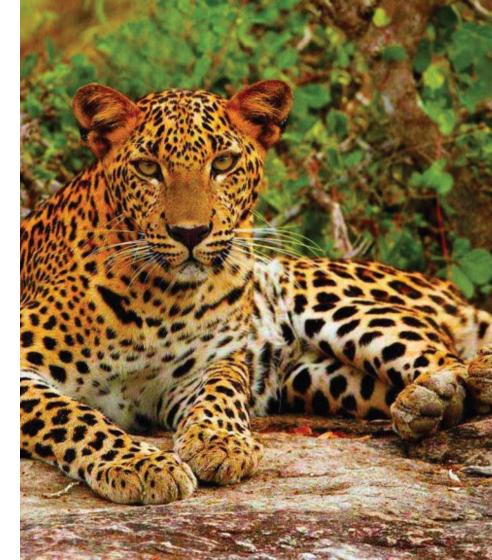
Price — USD 150 for 2 guests
Distance from resort — 15 mins (8 km)



YALA NATIONAL PARK

Discover the natural treasures of Sri Lanka's most visited wildlife reserve with a park tracker in search of storks, crocodiles, fan-tailed peacocks, chattering monkeys in the treetops, and the park's most famous yet elusive residents, the leopards.

Price — USD 350 for 2 guests
Distance from resort — 110 mins (70 km)



WHALE WATCHING

Take a 90-minute drive to Mirissa Harbour and set sail for 60 minutes Weligama Bay where giant blue back whales and dolphins are known to cruise by. Enjoy opportunities to swim, snorkel, and fish with a hand line, stopping off at a coconut-fringed cove for a leisurely picnic lunch.

*December to April only

Price — USD 130 for two guests
Distance from resort — 150 mins (55 km)



KATARAGAMA

Kataragama is a holy town for Buddhists, Hindus and Muslims alike. Pilgrims come from across the island and beyond, paying their respects at shrines to Kataragama, Vishnu and Ganesha; a temple built in honour of the Buddha's visit; and a bodhi tree, a sapling from the original under which the Buddha was born.

Price — USD 175 for 2 guests
Distance from resort — 110 mins (90 km)



DONRA HEAD LIGHTHOUSE

Dondra Head Lighthouse is located near the southern tip of the island and is the tallest lighthouse in Sri Lanka and one of the tallest in South East Asia.

Price — USD 70 for 2 guests
Distance from resort — 50 mins (30 km)



FISHING HARBOUR TANGALLE

Visit a traditional fishing village where colourful boats moor after days at sea. Mornings mean bustling piers with live fish auctions to observe.

Price — USD 25 for two guests
Distance from resort — 10 mins (3 km)



SINHARAJA FOREST RESERVE

Sinharaja Forest Reserve is a national park and a biodiversity hotspot in Sri Lanka. It is of international significance and has been designated a Biosphere Reserve and World Heritage Site by UNESCO.

The hilly virgin rainforest, part of the Sri Lanka lowland rain forests ecoregion, was saved from the worst of commercial logging by its inaccessibility, and was designated a World Biosphere Reserve in 1978 and a World Heritage Site in 1988. The reserve's name translates as Lion Kingdom.

Price — USD 220 for 2 guests
Distance from resort — 150 mins (70 km)



GALLE FORT

Explore behind the beautiful walls of this ancient coastal citadel. Meet the descendants of the original merchant families, experiencing the spice trade firsthand with glimpses back in time to the colonial Ceylon era. Find out how Asia's largest fort was created using granite ballast from the merchant ships arriving from Europe and coral from the sea.

Price — USD 150 for 2 guests Distance from resort — 100 mins (80 km)



BUNDALA NATIONAL PARK

Explore a wetland sanctuary that covers 20 kilometres of beach, lagoon and scrub that is home to more than 150 bird species, including winter migratory birds and large flocks of flamingos. The wetlands boast an array of wildlife, including crocodiles and large herds of up to 60 elephants.

Price — USD 300 for 2 guests
Distance from resort — 70 min (55 km)



KIRINDA

Kirinda is a small village located in the south of Sri Lanka. It has become one of the most venerated places in Buddhism. The beautiful beach and the temple built on the huge rock boulder are the main attractions of Kirinda.

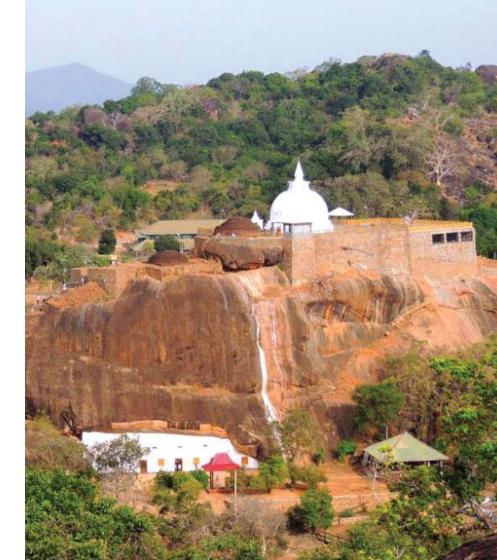
Price — USD 150 for 2 guests
Distance from resort — 100 mins (80 km)



SITHULPAWWA TEMPLE

Sithulpawwa Rajamaha Viharaya is one of the most significant Buddhist temples dating over 2,200 years. It contains a large number of stupas, cave temples, Buddha statues and image houses spread across a large area of land. Among these there is a cave temple with ancient paintings thought to belong to the 3rd century BC.

Price — USD 200 for 2 guests
Distance from resort — 135 mins (100 km)



HANDUNUGODA TEA ESTATE

This 200-acre estate of tea, rubber, cinnamon, pepper and coconut plantations also features a working museum tea factory with many machines that are over 140 years old. Enjoy an informative tour of the various plantations and factory, and the opportunity to enjoy a tea tasting session and purchase the speciality teas.

Price — USD 150 for 2 guests
Distance from resort — 100 mins (70 km)

