

# WEEKLY ACTIVITY CALENDAR

21st April to 27th April 2025



MORNING

AFTERNOON

EVENING

	Monday 22st	Tuesday 23nd	Wednesday 24rd	Thursday 25th	Friday 26th	Saturday 27th	Sunday 28th
MORNING	<p>Nature Hike 9:00 - 9:45 Reception</p> <p>Functional Training 10:30 - 11:00 Black Box</p>	<p>Pranayama 8:00 - 8:45 Rocky Area</p> <p>Sculpt Pilates 10:00 - 10:45 Yoga Studio</p> <p>Farm Tour 9:00 - 10:30 Reception</p> <p>Fermentation Class 40€ 11:00 - 12:00 Farm</p>	<p>E-bike Tour 25€ 9:00 - 10:15 Reception</p> <p>Sculpt &amp; Burn 11:00-11:30 Black Box</p>	<p>Hatha Yoga 8:30 - 9:15 Yoga Studio</p> <p>Farm Breakfast Experience 120€ 9:00 - 12:00 Reception</p> <p>Nature Hike 9:30 - 10:30 Reception</p> <p>Aromatherapy Candle Making 35€ 11:00 - 11:45 Earth Lab</p>	<p>Glutes Lab 9:30 - 10:00 Gym</p> <p>Sculpt Pilates 10:00 - 10:45 Yoga Studio</p> <p>Artisanal Agora Market 10:00 - 17:00 Agora</p> <p>Wellness Screening 11:00 - 12:00 Spa</p>	<p>Morning Run 8:30 - 9:15 Gym</p> <p>Mantra Meditation 10:00 - 10:45 Round room</p> <p>Natural Lip Balm Workshop 25€ 11:00 - 11:30 Earth Lab</p>	<p>Strength Training 8:30 - 9:00 Black Box</p> <p>Vinyasa Yoga 10:00 - 10:45 Yoga Deck</p>
	<p>Healthy Spine Workout 11:30 - 12:00 Yoga Studio</p> <p>Sustainability Tour 13:00 - 13:30 Reception</p> <p>Bees Wax Wrap 15:00 - 15:30 Earth Lab</p>	<p>Sustainability Tour 13:00 - 13:30 Reception</p> <p>RoseBar Tour 16:00 -16:30 RoseBar</p>	<p>Natural Lip Balm Workshop 20€ 12:00 - 12:30 Earth Lab</p> <p>Sustainability Tour 13:00 - 13:30 Reception</p>	<p>Create Your Solid Perfume 20€ 11:30 - 12:00 Alchemy Bar</p> <p>Sustainability Tour 13:00 - 13:30 Reception</p> <p>Facial Yoga 15:00 - 15:30 Yoga Studio</p>	<p>Bee Wax Wrap 12:00 - 13:00 Earth Lab</p> <p>Agora Tour 12:00 - 12:30 Agora</p> <p>Sustainability Tour 13:00 - 13:30 Reception</p> <p>Moving Meditation 16:30 -17:15 Yoga Studio</p>	<p>Healthy Spine Workout 12:00 - 12:30 Yoga Studio</p> <p>Sustainability Tour 13:00 - 13:30 Reception</p> <p>RoseBar Tour 16:00 -16:30 RoseBar</p>	<p>E-bike Tour 25€ 12:00 - 13:00 Gym</p> <p>Sustainability Tour 13:00 - 13:30 Reception</p> <p>Café Caleta Workshop 15:30 - 16:00 Wine Shop</p> <p>Body Balance Meditation 16:00- 16:30 Yoga Studio</p>
EVENING	<p>Glutes Lab 17:00 - 17:30 Gym</p> <p>Sunset Vinyasa Yoga 19:00 - 19:45 Yoga Deck</p>	<p>Six Pack Express 17:00 -17:30 Gym</p> <p>Sound Healing 20:00 -20:30 Yoga Studio</p>	<p>Full Body Stretching 17:00- 17:30 Yoga Studio</p> <p>Restorative Aerial Yoga 18:00 - 18:45 Yoga Studio</p> <p>Sunset Ritual 20:00 Poolside</p>	<p>Strength Training 17:30 - 18:00 Black Box</p> <p>Cacao Ceremony 25€ 18:00 - 19:00 Yoga Studio</p> <p>Sunset Ritual 20:00 Poolside</p>	<p>Functional Training 17:00- 17:30 Black Box</p> <p>Sunset Ritual 20:00 Poolside</p>	<p>Sculpt &amp; Burn 17:00 - 17:30 Gym</p> <p>Yoga Dance 17:30 -18:15 Yoga Studio</p> <p>Sunset Ritual 20:00 Poolside</p>	<p>Full Body Stretching 17:00- 17:30 Yoga Studio</p> <p>Sunset Ritual 20:00 Poolside</p>



Looking for a movie night? Our cinema downstairs from the Farmers Market plays a kids' movie at 18:00 and a blockbuster at 21:00, every single day!

● Emotional Dimension ● Environmental Dimension ● Social Dimension ● Physical Dimension ● Spiritual Dimension ● Intellectual Dimension

To book, please enquire with our Activity GEMs Teams directly to secure your spot at one of our activities ([activity.gem-ibiza@sixsenses.com](mailto:activity.gem-ibiza@sixsenses.com))