



BHUTAN SPIRIT

SANCTUARY

EXPERIENCE MENU



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BHUTANESE COOKING CLASS

Our Culinary Team is eager to introduce you to the Bhutanese kitchen. Learn how to make momos - Bhutanese dumplings, the famous ema datshi dish - curry with cheese and lots of chilies, or some buckwheat pancakes with ezay - Bhutanese local chutney.

Cooking classes need to be booked 2 hours in advance.
Timing: between 10-12 AM and 3-5 PM.

ARCHERY

Walk down to the playground in our apple orchard and let our Team engage you in a game of traditional Bhutanese archery.

POTTERY CLASS

Tickle your creative skills in our art studio, where our Guest Experience Team is happy to teach you basic pottery techniques, and show you how relaxing it is to work with natural materials.

Pottery baking and glazing will take 48 hours.

SOMETHING DIFFERENT TO TASTE

Would you like to taste typical Bhutanese or Indian dishes? Let us know, and our Culinary Team will surprise you with some tasty and spicy food for lunch or dinner.

Please inform the Guest Experience Team at least 2 hours in advance.



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TEA BAR

The tea bar in our restaurant offers over 20 herbal-infused teas, each focusing on a different aspect of balance between the body, mind, and spirit. Our Restaurant Team gladly informs you about the benefits of each tea and will serve the tea with homemade cookies.

LIBRARY

We kindly invite you to explore our varied collection of books and magazines on Bhutan, meditation, yoga, mindfulness, and traveling in our elegant library, which is decorated by wall covering tapestries of the former Bhutanese kings

BHUTANESE EVENING

Enjoy a 6-course Bhutanese dinner in style: dressed in the traditional Bhutanese clothing gho (men) and kira (women). Our Guest Experience Team is happy to help you get dressed in the nicest color combinations and take some pictures of you.

All experiences can be arranged with our Guest Experience Team.
They are available between 7 AM and 10 PM.
Please contact them on number 9.