

WEEKLY PROGRAM 09th FEBRUARY – 15th FEBRUARY

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Valentine's Day Dinner Menu
Atlantis Restaurant
Or
Pizzeria O Galo
Information available at the reception

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
06:00-22:00	SENTIDO GALOSOL -3	07:15-08:00	SENTIDO GALOSOL -3	07:30-09:00	INFOS RECEPTION	07:15-08:00	SENTIDO GALOSOL -3
Fitness, Indoor Pool & Sauna		Body Balance – Book at Galo Active		Levada Jogging/Walking – Book at Reception	€	Cycling – Book at Galo Active	
07:30-08:30	INFOS RECEPTION	07:30-08:30	INFOS RECEPTION	07:30-08:30	INFOS RECEPTION	07:30-08:30	INFOS RECEPTION
Sunrise Yoga – Book at Reception	€	Sunrise Yoga – Book at Reception	€	Sunrise Yoga – Book at Reception	€	Sunrise Yoga – Book at Reception	€
10:00-19:00	GALOMAR FLOOR 0	10:00-19:00	GALOMAR FLOOR 0	12:00-16:00	ATLANTIS RESTAURANT	10:00-19:00	GALOMAR FLOOR 0
Let yourself be pampered at the Ashoka Spa		Enjoy the panoramic saunas – Ashoka Spa		Enjoy Lunch with a great sea view		Enjoy the panoramic saunas – Ashoka Spa	
12:00 – 16:00	ATLANTIS RESTAURANT	12:00 – 16:00	ATLANTIS RESTAURANT	15:00-23:00	CAPOEIRA LOUNGE	12:00 – 16:00	ATLANTIS RESTAURANT
Discover the flavors of our Weekly Special		Discover the flavors of our Weekly Special		The perfect spot for cocktails and sunsets.		Discover the flavors of our Weekly Special	
15:00-23:00	CAPOEIRA LOUNGE	16:00 – 17:00	GALOSOL RECEPTION	16:00 – 17:00	CAPOEIRA LOUNGE	18:30-19:30	INFOS RECEPTION
The perfect spot for cocktails and sunsets.		Hotel Tour		Management & Guest Cocktail		Kandilini Yoga – Book at Reception	€
18:00-21:30	PIZZERIA GALO	18:00-19:00	CAPOEIRA LOUNGE	18:00-21:30	PIZZERIA GALO	18:00-19:00	CAPOEIRA LOUNGE
Enjoy our pizzas and pastas		Sunset Happy Hour – On All Drinks 25% Discount		Enjoy our pizzas and pastas		Sunset Happy Hour – On All Drinks 25% Discount	

SENTIDO GALOSOL	SENTIDO AMBASSADOR - DIAL 5546 SENTIDO GALOSOL RECEPTION	FRIDAY	SATURDAY	SUNDAY
Your feedback is very valuable to us! To answer our full survey, please access the link below or scan the QR Code with your mobile phone.	RESTAURANTS & BARS – BOOK! DIAL 9 RESTAURANTE ATLANTIS RESTAURANT ONDA MAR RESTAURANT PIZZERIA O GALO CAPOEIRA LOUNGE BLUE BAR	07:30-08:30	INFOS RECEPTION	07:00-20:00
SENTIDO GALOMAR	GYM GALO ACTIVE - DIAL 5523	Sunrise Yoga – Book at Reception	GAO ACTIVE	Fitness & Sauna
Your feedback is very valuable to us! To answer our full survey, please access the link below or scan the QR Code with your mobile phone.	ASHOKA SPA – DIAL 5532	10:00-19:00	GALOMAR FLOOR 0	08:30-09:30
ALPINO ATLANTICO AYURVEDA HOTEL	ACTIVITIES & PARTNERS AYURVEDA KUR CENTER (+351) 291 930 942 or 5558	Enjoy the panoramic saunas – Ashoka Spa	Let yourself be pampered at the Ashoka Spa	INFOS RECEPTION
Your feedback is very valuable to us! To answer our full survey, please access the link below or scan the QR Code with your mobile phone.	Ayurveda Live Music / Show Sports / Gym	16:00 – 17:00	GALOSOL RECEPTION	15:30
	Beach Activities Kids Mind, Body & Soul	Hotel Tour	INFOS RECEPTION	Poncha Cocktail Workshop – Book at Reception
	Activities in Nature Food & Drinks Guest Relations	18:00-19:00	INFOS RECEPTION	18:00-21:0
		Easy Yoga Meditation – Book at Reception	INFOS RECEPTION	INFOS RECEPTION
		20:00-22:00	CAPOEIRA LOUNGE	18:00-21:30
		Live Music: Duo Inlay		Valentines-Dinner-Menu: Atlantis Restaurant
				€



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bit.ly/galomarsurvey



bit.ly/alphosurvey

€ Extra Charge, please contact the reception. Booking one day in advance is required
 € Commitment Value 1,00€ < 5,00€ – please contact the reception staff

* Included drinks: Please ask our Bartender.

Note: All the activities are exclusive for our Galo Resort Hotels Guests