

WEEKLY PROGRAM VILLA EDEN

Monday		
	7:00 AM	Power Walk
	7:45 AM	Stretching
	5:30 PM	Fusion Walk
Tuesday		
	7:00 AM	Power Walk
	2:30 PM	Acqua Gym
Wendesday		
	7:00 AM	Power Walk
	7:45 AM	Stretching
Thursday		
	7:00 AM	Power Walk
	2:30 PM	Acqua Gym
	5:30 PM	Fusion Yoga
Friday		
	7:00 AM	Power Walk
	7:45 AM	Acqua Gym
	3:00 PM	Tappeiner Walk
Saturday		
	7:00 AM	Power walk
	2:30 PM	Acqua Gym
	5:30 PM	Fusion Yoga
Sunday		
	07:30	Fusion Yoga